

PhD Confirmation Seminar: Anna Scovelle

Gender Equality and the Gendered Division of Labour in Australia: An Exploration of the Impact on Sleep

Supervisors:

Dr Tania King; Disability and Health Unit, Centre for Health Equity, MSPGH, The University of Melbourne

Prof Belinda Hewitt; School of Social and Political Sciences, The University of Melbourne, Australia

A/Prof Adrienne O'Neil; IMPACT Institute, Deakin University, Australia

Prof Tea Lallukka; Department of Public Health, University of Helsinki, Finland



Friday, 9 October 2020



10:30am to 11:30am



<https://unimelb.zoom.us/j/99692502135?pwd=c2Q0cFFqYWJwUC9pOGVJWmcvUjJSdz09>

Password: 327627



Advances in gender equality have resulted in significant changes in the roles of men and women. However, while women now engage in more paid work and men engage in more unpaid work, inequalities remain. Evidence suggests these inequalities negatively impact health and wellbeing, but there has been little examination of the impact on sleep. The aim of this PhD is to examine how the gendered division of labour across the lifecourse impacts the sleep of men and women in Australia.

Anna has a Bachelor of Psychology (Honours) and a Master of Philosophy (Psychology) from Monash University. Her Honours and Masters research specialised in sleep and cognitive neuroscience. In 2016, Anna began working in public health research at the MSPGH, where most of her work has examined gender and gender inequalities as determinants of health. In 2019, Anna was awarded an NHMRC Postgraduate Scholarship to pursue a PhD examining the impact of gender inequalities on sleep.