

PhD Confirmation Seminar: Tara Harriden

The art of decolonising support work: Developing an arts-based clinical supervision model to assist support workers to work in culturally safe ways with Aboriginal and Torres Strait Islander Australians who experience psychosocial disability.

Supervisors:

Prof Richard Chenhall, Health Humanities & Social Sciences, Centre for Health Equity, Melbourne School of Population and Global Health, The University of Melbourne

Prof Cath Chamberlain, Indigenous Health Equity Unit, Centre for Health Equity, Melbourne School of Population and Global Health. The University of Melbourne

Prof Liz Cameron, Professor of Indigenous Knowledges, Faculty of Arts and Education, Deakin University



Friday, 3rd December



11.30am—12.30pm (Melb time) 10.30am (Brisbane)



Zoom Link: <https://us06web.zoom.us/j/88430542665?pwd=cHplTWVFcG4vWGJxTXp4Yy9qbXhzUT09>
Passcode: 155275



At the centre of this proposed research are two groups of people: 1) Aboriginal Australian and Torres Strait Islander National Disability Insurance Scheme (NDIS) participants who experience psychosocial disabilities (PEPDs) and, 2) the psychosocial disability support workers (PDSWs) who work with and for those participants. The introduction of the NDIS, which provides individual funding packages to people with disabilities, has seen a shift towards in-home support. This in turn has led to dramatic changes in the role and responsibilities of disability support workers (DSWs) without a concomitant change in professional development or support for these workers.

This research aims to co-design and develop, with Aboriginal Australian PEPDs, as well as their PDSWs and informal carers (families and nominees), an arts-based clinical supervision program to support and sustain PDSWs to remain in their disability support work, providing culturally safe disability support for Aboriginal Australians and Torres Strait Islanders PEPDs for longer.

Tara Harriden is a PhD candidate at the Medicine, Dentistry and Health Sciences School of Global and Population Health. Tara is descended from a long line of strong Wiradjuri women and is a professionally registered arts therapist, clinical supervisor, teacher, career counsellor and a member of the AIATSIS Ethics Committee. A lifelong learner, Tara holds many qualifications that have prompted her interest in pursuing this PhD with the most relevant being a Master of Mental Health (Art Therapy), Bachelor of Education, Diploma of Flexible Learning and Cert IV in Career Development.