



BLOW NOSE
UNTIL EMPTY



WASH HANDS WITH
SOAP AND WATER



WASH FACE TO CLEAN
SNOT AND YUCKY EYES



BRUSH TEETH WITH
TOOTHPASTE,
MORNING AND NIGHT



HAVE A SHOWER WITH
SOAP EVERYDAY



**DON'T SHARE
TOWELS**



**DON'T SHARE
TOWELS**



COUGH AND SNEEZE
INTO ELBOW