

CLEAN FACES, STRONG EYES!

Hi, I'm Milpa the Trachoma Goanna
I want to help you keep your eyes healthy
and get rid of trachoma



Trachoma Health Education for Primary School Children

Student Workbook

This workbook belongs to:

CLEAN FACES, STRONG EYES!



Lesson One

What do we use our eyes for?

Why are eyes important?

Write three sentences about what you use
your eyes for.

1. _____

2. _____

3. _____

CLEAN FACES, STRONG EYES!

Lesson One

What do we use our eyes for?



Why are eyes important?

Draw a picture about what you use your eyes for.

A large, empty rectangular box with a black border, intended for a child to draw a picture about what they use their eyes for. The box is centered on the page and takes up most of the lower half of the worksheet.

CLEAN FACES, STRONG EYES!

Lesson One

What do we use our eyes for?



What does an eye look like?
Look into your friend's eye
Draw what you see.

A large, empty rectangular box with a black border, intended for a drawing. It occupies the lower half of the page.

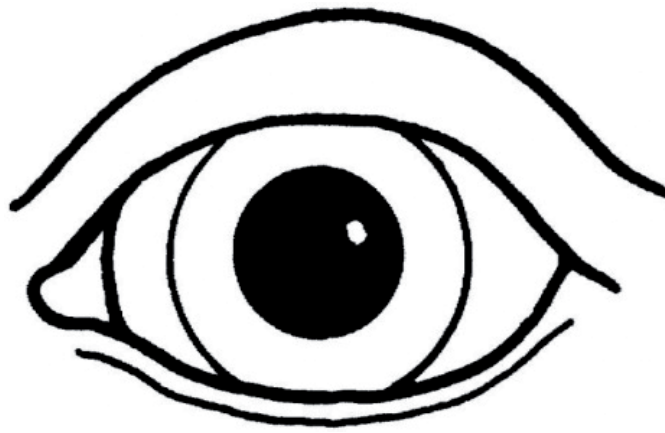
CLEAN FACES, STRONG EYES!



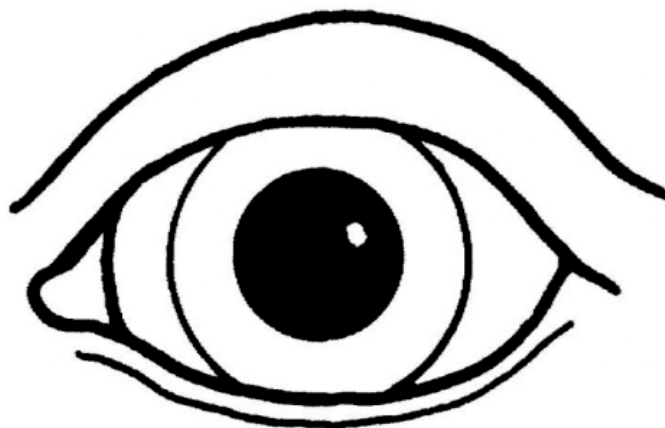
Lesson One

What do we use our eyes for?

This is a healthy eye.
Colour the eye. Add some eyelashes.



Have you ever seen anyone with sick eyes?
Can you colour the eye to make it look sore or itchy?



CLEAN FACES AND HANDS



KEEP YOUR EYES STRONG

STOP TRACHOMA

I WASH MY FACE
EVERYDAY
AND MY HANDS



CLEAN FACES AND HANDS

KEEP YOUR EYES STRONG



CLEAN FACES, STRONG EYES!

Lesson Three

Who can help us stay well?



Who can help you stay healthy.
Find the missing letters to complete the words.
Which word is the odd one out?

Fathe__

__rand__other

Aun__y

Broth__r

D__g

Grand__ather

Nur__e

Health wo__ker

__other

Unc__e

Si__ter

__ou__in

__each__

Docto__

CLEAN FACES, STRONG EYES!



Lesson Three

Who can help us stay well?

Now fill in the gaps and answer the questions

If I have sore or itchy eyes, I can ask _____
for help

_____ helps me stay well.

Did you find the odd word out?

If I have sore or itchy eyes, I do not ask a ___ ___ ___ for help

Draw a picture of someone who can keep you well

CLEAN FACES, STRONG EYES!



Lesson Four

Find a word

Can you find all the words about being clean and healthy?

A	R	T	P	A	U	S	E	A	L	A	Q	I
T	R	V	H	O	S	E	M	N	H	N	Y	Z
F	B	W	A	T	E	R	L	M	E	O	P	O
E	O	M	I	R	R	O	R	C	A	S	E	R
L	D	S	H	O	W	E	R	B	L	E	T	Y
O	Y	W	T	A	P	A	W	A	T	E	Y	W
H	R	I	I	C	O	F	S	T	H	R	A	P
R	S	M	S	J	O	A	E	H	Y	I	S	N
E	I	M	S	H	L	C	A	R	S	V	E	U
T	E	I	U	F	A	E	N	O	O	E	Y	G
A	D	N	E	V	U	N	O	O	A	R	E	D
W	I	G	B	A	T	H	D	M	P	B	N	J
I	O	P	T	O	W	E	L	S	A	O	L	K

SHOWER
SWIMMING
TAP
BATHROOM
WASH
POOL

OCEAN
TISSUE
CLEAN
WATER
MIRROR
TOWEL

FACE
HANDS
BODY
HOSE
SOAP
HEALTHY

RIVER
WATERHOLE
EYES
NOSE
BATH

CLEAN FACES, STRONG EYES!

Lesson Four

Join the dots



Can you answer the joke? Join the dots to get a hint!
Question: How do you make a tissue dance?



CLEAN FACES, STRONG EYES!



Lesson Four

Find the missing words

What are the missing words in the sentences below?

Choose from the missing words at the bottom
of the page

I wash my face with _____

I can look in the _____ to see if my face is clean

I wash my hands with _____

I blow my nose with a _____

SOAP

TISSUE

WATER

MIRROR

CLEAN FACES, STRONG EYES!

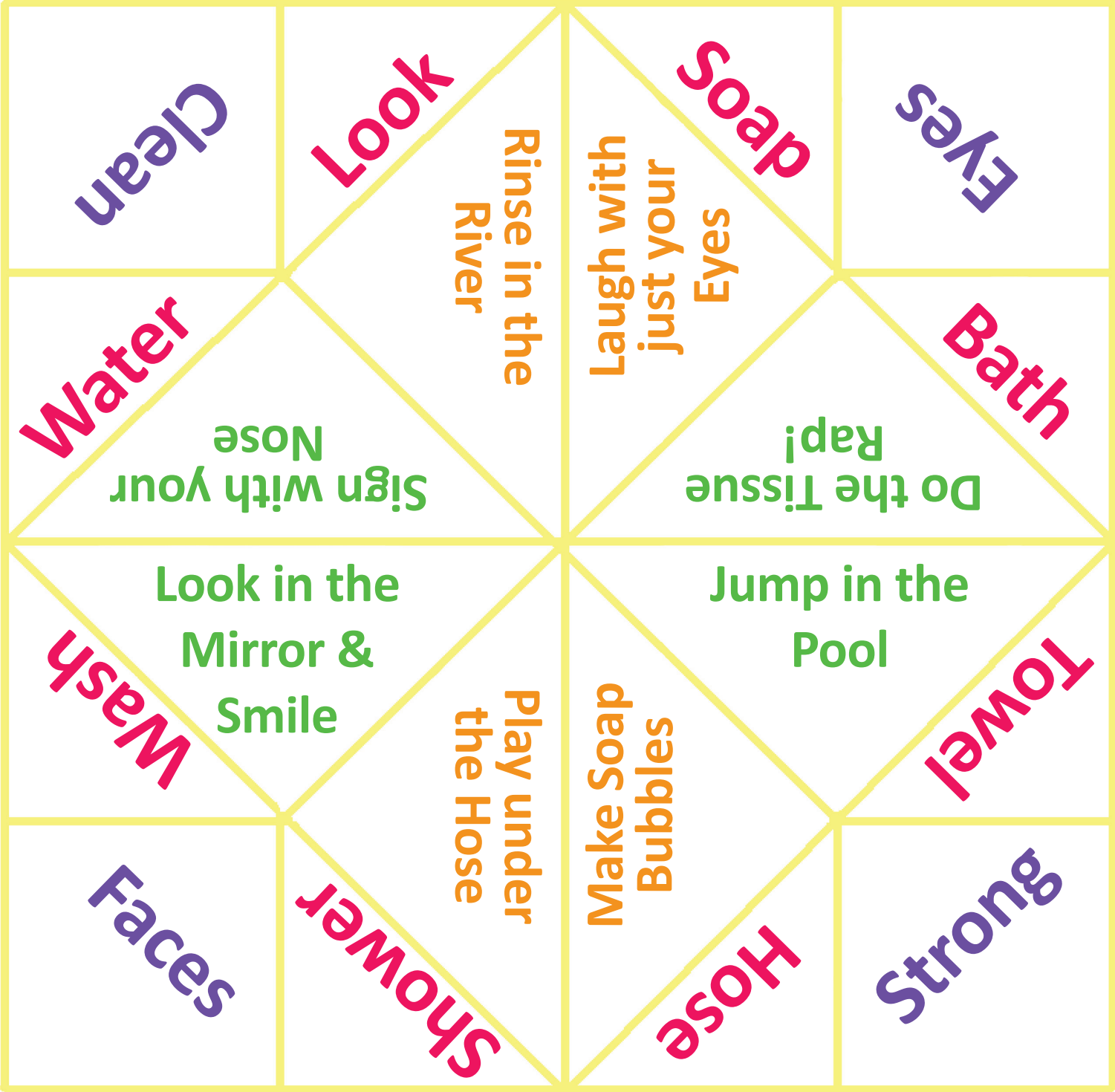
Lesson Four Make a Chatterbox



Instructions

1. Photocopy Side A and Side B back-to-back and cut to size
2. Draw your own pictures or write your own words on Side B
3. Fold along the lines and it will form the Clean Faces Chatterbox Game

Side A (inside)



Side B (outside)

