



MILPA'S SIX STEPS TO STOP GERMS



1: BLOW NOSE UNTIL
EMPTY



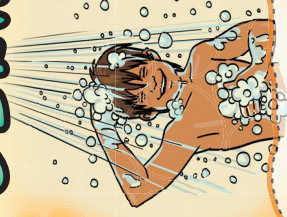
2: WASH HANDS WITH
SOAP AND WATER



3: WASH FACE TO
CLEAN SNOT AND
YUCKY EYES



4: BRUSH TEETH
WITH TOOTHPASTE,
MORNING AND NIGHT



5: HAVE A SHOWER
WITH SOAP EVERYDAY



6: DON'T SHARE TOWELS